

# **INTERNAL ASSIGNMENT QUESTIONS M.A. PSYCHOLOGY FINAL (YWS)**

**2026**



**PROF. G. RAM REDDY CENTRE FOR DISTANCE EDUCATION**

(RECOGNISED BY THE DISTANCE EDUCATION BUREAU, UGC, NEW DELHI)

**OSMANIA UNIVERSITY**

(A University with Potential for Excellence and Re-Accredited by NAAC with "A" + Grade)

**DIRECTOR**

**Prof. N.Ch. Bhatracharyulu  
Hyderabad – 7 Telangana State**

**PROF.G.RAM REDDY CENTRE FOR DISTANCE EDUCATION  
OSMANIA UNIVERSITY, HYDERABAD – 500 007**

Dear Students,

Each student has to write the answers to the Assignment questions with neat own handwriting using **BLUE PEN** (Black Ink not allowed) for each paper. Assignments have to submit after the payment of Rs.500/- by showing the receipt of the same. If the Assignment is not submitted within stipulated time i.e. before the theory exams / last date is treated as absent.

**Methodology for writing the Assignments (Instructions) :**

1. First read the subject matter in the course material that is supplied to you.
2. If possible read the subject matter in the books suggested for further reading.
3. You are welcome to use the PGRRCDE Library on all working days for collecting information on the topic of your assignments. (10.30 am to 5.00 pm).
4. Give a final reading to the answer you have written and see whether you can delete unimportant or repetitive words.
5. The cover page of the each theory assignments must have information as given in FORMAT below.

**FORMAT**

1. NAME OF THE STUDENT :
  2. ENROLLMENT NUMBER :
  3. NAME OF THE COURSE :
  4. PREVIOUS / FINAL (Year Wise Scheme) :
  5. TITLE OF THE PAPER :
  6. DATE OF SUBMISSION :
6. Write the above said details clearly on every subject assignments paper, otherwise your paper will not be valued.
  7. Tag all the assignments paper wise and submit them in the concerned counter.
  8. Submit the assignments on or before **30<sup>th</sup> May, 2026** at the concerned counter at PGRRCDE, OU on any working day and obtain receipt.

**DIRECTOR**

**M.A. PSYCHOLOGY (FINAL)  
INTERNAL ASSIGNMENT**

**Paper – I : ABNORMAL AND HEALTH PSYCHOLOGY**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. Concept of Abnormality
2. Frustration
3. Mental Retardation
4. Health Belief Model
5. Factors affecting Immunity

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. What is Abnormal Psychology ? Discuss the historical development of Abnormal Psychology ?
2. Explain schizophrenia and discuss types, etiology and treatment of schizophrenia.

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INTERNAL ASSIGNMENT**

**Paper – II : LIFE SPAN DEVELOPMENT**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. Reaction Range model.
2. Components of Language.
3. Components of self – concept.
4. Gender – role conflicts.
5. Characteristics of good and poor adjustment in old age.

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. Discuss the stages of piaget's theory of cognitive development.
2. Explain the stages of moral development as postulated by Kohlberg.

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**Paper – III : FOUNDATIONS OF ORGANIZATIONAL BEHAVIOUR (Elective) (A)**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. When do you call organizations as Open Systems ?
2. Talk about Matrix design.
3. Write a note on features of Virtual Organisation design.
4. Elaborate on Job characteristics model.
5. What is organization re-engineering ?

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. Quality of Work life & Self Managed Teams.
2. Role of communication in organisations.

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**Paper – III : FOUNDATIONS AND THEORETICAL APPROACHES TO  
COUNSELLING (Elective) (B)**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. Definition of Counselling.
2. Meaning of ethics in Counselling.
3. Counselling records.
4. Existentialism.
5. Overview of Reality Therapy.

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. Trace the origin and development of the Counselling Profession.
2. Explain in detail the Psychoanalytic approach to Counselling.

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**Paper – IV : HUMAN RESOURCE POLICIES AND PRACTICES (Elective) (A)**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. Write a note on selection procedure.
2. Name the four categories of training.
3. Grievance Mechanisms.
4. Delphi Technique.
5. What are the targets of change.

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. What is the Meaning and Nature of Job analysis ?
2. Simon's Bounded Rationality Model of Decision making.

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**Paper – IV : COUNSELLING SKILLS AND APPLICATIONS (Elective) (B)**

**Note : Write the Answers in A4 size white papers with Blue ink / ball point pen only**

**SECTION – A**

**Answer the following short questions (each question carries two marks) (5Qx2M=10 Marks)**

1. Attending skills.
2. Primary level empathy
3. Confrontation
4. Force – field analysis
5. Pre-marital Counselling.

**SECTION – B**

**Answer the following short questions (each question carries two marks) (2Qx5M=10 Marks)**

1. Give an overview of the developmental model of helping.
2. Explain force field analysis with the help of an example.

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